

## Spooner Row P.E and Sport Curriculum Map 2019 - 20

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
<b>Reception</b>	Real PE (Fundamental Movement Skills) Coordination (foot work) Static Balance Gymnastics		Real PE (Fundamental Movement Skills) Dynamic Balance to Agility Static Balance Gymnastics		Real PE (Fundamental Movement Skills) Dynamic Balance Static Balance		Real PE (Fundamental Movement Skills) Coordination (ball skills) Counter Balance Badminton		Real PE (Fundamental Movement Skills) Coordination (sending and receiving) Agility (Reaction and response)		Real PE (Fundamental Movement Skills) Agility (ball chasing) Static Balance (floor work) Cricket	
<b>Year 1/2</b>	Real PE (Fundamental Movement Skills) Coordination (foot work) Static Balance	Dance	Real PE (Fundamental Movement Skills) Dynamic Balance to Agility Static Balance	Gymnastics	Real PE (Fundamental Movement Skills) Dynamic Balance Static Balance	Gymnastics	Real PE (Fundamental Movement Skills) Coordination (ball skills) Counter Balance	Taekwondo	Real PE (Fundamental Movement Skills) Coordination (sending and receiving) Agility (Reaction and response)	Cricket	Real PE (Fundamental Movement Skills) Agility (ball chasing) Static Balance (floor work)	Cricket
<b>Year 3 /4 Cycle A</b>	Real PE (Fundamental Movement Skills) Coordination (foot work) Static Balance	Rugby  Yr4 Swimming	Real PE (Fundamental Movement Skills) Dynamic Balance to Agility Static Balance	Rugby  Yr4 Swimming	Real PE (Fundamental Movement Skills) Dynamic Balance Coordination (ball skills)	Dance  OAA Orienteering	Badminton	Taekwondo	Real PE (Fundamental Movement Skills) Coordination (sending and receiving) Agility (Reaction and response)	Cricket	Real PE (Fundamental Movement Skills) Agility (ball chasing) Static Balance (floor work)	Cricket
<b>Year 3/4 Cycle B</b>	Real PE (Fundamental Movement Skills) Coordination (foot work) Static Balance	Badminton  Yr4 Swimming	Real PE (Fundamental Movement Skills) Dynamic Balance to Agility Static Balance	Badminton  Yr4 Swimming	Real PE (Fundamental Movement Skills) Dynamic Balance Coordination (ball skills)	Gymnastics	Real PE (Fundamental Movement Skills) Coordination (ball skills) Counter Balance	Gymnastics	Real PE (Fundamental Movement Skills) Coordination (sending and receiving) Agility (Reaction and response)	Cricket	Real PE (Fundamental Movement Skills) Agility (ball chasing) Static Balance (floor work)	Cricket
<b>Year 5/6 Cycle A</b>	Real PE (Fundamental Movement Skills) Coordination (ball skills) Agility (Reaction and response)	Netball  OAA (Residential)	Real PE (Fundamental Movement Skills) Static Balance Seated/floor work	Netball	Real PE (Fundamental Movement Skills) Dynamic Balance Counter balance	Dance  Yr5 Swimming	Real PE (Fundamental Movement Skills) Dynamic Balance to Agility Static Balance	Dance  Yr5 Swimming	Real PE (Fundamental Movement Skills) Coordination (Footwork) Static Balance	Athletics	Real PE (Fundamental Movement Skills) Agility (ball chasing) Coordination (sending and receiving)	Cricket  Yr 6 Swimming
<b>Year 6 Cycle B</b>	Real PE (Fundamental Movement Skills) Coordination (ball skills) Agility (Reaction and response)	Sportshall Athletics  OAA (Residential)	Real PE (Fundamental Movement Skills) Static Balance Seated/floor work	Sportshall Athletics	Real PE (Fundamental Movement Skills) Dynamic Balance Counter balance	Gymnastics  Yr5 Swimming	Real PE (Fundamental Movement Skills) Dynamic Balance to Agility Static Balance	Gymnastics  Yr5 Swimming	Real PE (Fundamental Movement Skills) Coordination (Footwork) Static Balance	Tennis	Real PE (Fundamental Movement Skills) Agility (ball chasing) Coordination (sending and receiving)	Cricket  Yr 6 Swimming

### Extra curricular clubs

Monday	Agility Athletics and Cross Country
Tuesday	KS1 Gymnastics, Yoga and Tennis (Summer Term)
Wednesday	Irish Dancing, KS2 Gymnastics and KS1 Football
Thursday	KS1 Multi-skills and KS2 Football
Friday	KS2 Tag Rugby and Cricket (Summer Term)

### Additional Activities

Daily mile (Y1 – 6)
Jump Start Jonny (EYFS)
Skip2bfit
Yoga

### Swimming

Yr4 children swim once a fortnight in the Autumn Term. Yr5 children swim once a fortnight in the Spring Term. Yr6 children swim once a week in the second half of the Summer Term. Non swimmers and weak swimmers are identified in Yr4 and swim weekly throughout the year, with extra sessions in the first half of the Summer Term, until they can confidently swim 25 metres.

This Year two members of staff have been on Racket Pack Training, so we have included this in the curriculum map in order for them to try out the lesson plans that they have been given. Many of the skills being taught are in line with the realPE co-ordination ball skills unit. Taekwondo is being taught by an external coach, as part of our aim to broaden the range of sports offered to our children.